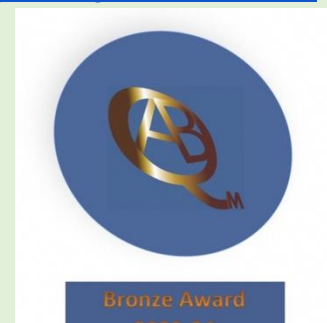
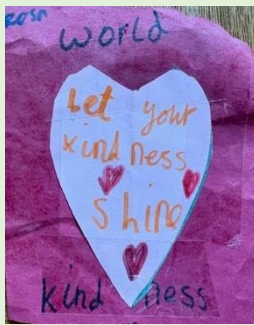


Issue 16: Ms Newlove Tel.02088505486 email: newlove@gordon.greenwich.sch.uk



Anti-Bullying Newsletter

Together a Forest

At the start of a new school year, we always choose a book the whole school will share together as part of our belonging work and to come together as a school community. This year we have used 'Together a Forest' by Roz MacLean, reflecting on the diversity in humanity and nature. The children created some amazing work to share in assembly and this will be displayed in the Middle Hall.



Class Charters

Be Respectful, Be Safe, Be Ready to Learn

As we welcome children back to a new school year, each class works together with their new class teacher to make an agreed class charter. This is an important part of pupil voice for children to co-create and build a respectful and safe environment.



Thank you

Thank you to the amazing team of Friendship Ambassadors for all their hard work and commitment to anti-bullying over the last year.

We hope the Year 6 Friendship Ambassadors who moved on to secondary school will continue to use their voice in their steps ahead to keep promoting fairness, inclusion and kindness.

We are looking forward to seeing how the current Year 6 Friendship Ambassadors develop their ideas alongside the new Friendship Ambassadors we will be adding to the team this term.

This term we will be asking Years 4 and 5 pupils to put themselves forward if they think they have the qualities of a Friendship Ambassador and are interested in the role. There is a limited number of places and thank everyone in advance for putting themselves forward to help our school!

Disability Pride Month

Thank you to Friendship Ambassadors Isla, Theo and Heloisa for initiating the promotion of **Disability Pride Month** in July.

They presented a thoughtful assembly and visited classes to collect peer reflections. They reminded everyone that not all disabilities are visible.

They helped us reflect on the difference between equality and equity. We learned that a person is often limited not by their disability, but by an environment that fails to accommodate their needs. True fairness isn't about giving everyone the exact same thing but ensuring everyone gets what they need to succeed.

They want everyone to have empathy and are keen to keep promoting this theme to build a more inclusive and fairer future. They are keen to speak to any pupils that have ideas or experiences they would like to share.

Amazing pupil reflection examples taken after the assembly:

"I think it is important to learn about Disability Pride because you can understand disabilities. I learnt that equity means everyone is treated how they need it. Talk about it more so people who don't understand can understand."

"I think it is important because people are different and that's okay. That in school people get whatever they need and that is fair."

"I learned that not everyone wants and needs the same thing."

"Because some disabilities you can't see."

"Because everyone is different you should celebrate it. Equity is important so everyone gets opportunities."

"We can help people. Everyone can have an education and everyone has a right to what they need."

"So that everyone feels welcome."

"Because every child has the right to be themselves. I didn't know about the word equity."

Diana Award and #iWill Project Research

Some of the Friendship Ambassadors participated in a research group to share their thoughts and experiences of being a Friendship Ambassador since having Diana Award training and the actions they have taken to earn their Inclusion Badge. Friendship Ambassadors talked openly and passionately about the rewards and challenges of the role and their individual learning. The work of our Friendship Ambassadors will be in the Diana Award Annual Report for how schools can take action after their anti-bullying training.

The Diana Award Programme Manager feedback:

We were so impressed by their oracy skills, especially how they respectfully challenged each other's ideas and built on other's contributions'. We also noticed how emotionally attuned they were, able to describe complex feelings and ideas about relationships. A testament to your school's approach to student development!

It was great to hear and see some of the Voice 21 oracy learning in action, it is definitely helping pupils to speak with confidence.



We have been awarded the Young Carers in Schools Award by the Children's Society and the Carers Trust Charities for our work supporting young carers in school. We submitted evidence following the Young Carers in Schools stepped framework.

We have a flexible and individual approach and recognise there may be varying levels of caring or need, for example, regularly helping in small or more significant ways to care for a family member at home with a disability, physical or mental health condition, addiction or communication need.

We have a young carers group that meets with Ms Newlove in school. Please do not hesitate to let school know if you feel your child might be a young carer even if you are not sure. We want all children to access the support they might need.

June

LGBT+PRIDE Month

Every child decorated a paperchain strip over LGBT+ Pride Month to celebrate everyone being themselves and to write reflective messages. All the strips will be joined together to make a rainbow to display. It will be a strong visual reminder to celebrate our differences.



Gender Stereotypes

Rather than positioning behaviours as "This is what boys are like", "This is what girls are like" we will help pupils understand:

- Emotions are for everyone
- Strength includes kindness, responsibility and self-control
- Respectful relationships benefit all genders
- Stereotypes can limit who we feel able to be

This approach empowers and supports children to be themselves and contributes to whole school wellbeing. We hope for our pupils to navigate the world with compassion and confidence.

Smartphone Free Childhood Parent Group

Parents Gabi Sheen and Helen Murray arranged the Papaya Smartphone Free Childhood 'Let's talk about our kids and their technology' Webinar for parent/carers in the summer term. This was funded and supported by FOG and very much appreciated. This is such an important issue for parent/carers to navigate and provides a helpful space to be informed and share experiences. Please see some of the lovely parent comments following the online webinar and a link for those who were unable to make it but might still like to view.

"This was a very informative webinar with useful statistics that really made me think. As a parent who hasn't yet discussed social media or phone access with my child, it gave me a helpful insight and tips on how to approach/set boundaries. It has encouraged me to start those conversations."

Parent Year 6

"What I liked best was that the speaker is also a mum who knows about the challenges of parenting in a digital age. There was no judgement. It was real without sugar coating the stats, but it wasn't hopeless. There was practical advice that felt manageable and achievable. It reminded me that I'm not alone facing this challenge however overwhelming it may feel."

Parent Year 2

[Papaya Smartphone Free Childhood Webinar Link](#)

Please do not hesitate to get in touch lnewlove@gordon.greenwich.sch.uk if you would like any more information about the Smartphone Free Group or if you have any questions or worries around digital wellbeing including cyberbullying.

There will be a Smartphone Free Childhood Parent meeting in the Autumn Term (date tbc).

Greenwich Women's Safety Charter



This term we have signed the **Greenwich Women's Safety Charter** to support the continued effort to combat violence against women and girls in Greenwich. We want everyone in our school community to know we promote safety as one of our core values.

We will do everything we can to provide an environment and culture for women and girls that is equal, inclusive and safe.

Violence against women and girls remains one of the most prevalent and pervasive human rights violations in the world. This year the United Nation's International Day for the Elimination of Violence Against Women and Girls on 25th November will raise awareness of digital violence raising awareness of online harassment, extortion, child sexual exploitation and abuse through digital means.

Relationships can be controlling in a number of ways. We hope the work we do in school supports healthy relationships later in life and for all our children to know how to recognise and report any form of bullying, discrimination, control or harassment.

Please see links below in case they are helpful.

[NSPCC Talking to Your Child about healthy Relationships](#)

[Parent Talk - Talking to your child about gender inequality](#)

[NSPCC Talking to your child about Domestic Abuse](#)

[NSPCC Protecting Children from Sexual exploitation](#)

[GOV.UK Online Hate: Misogyny](#)

[Barnados Five Tips to Keep Your Child Safe Online](#)

Please do not hesitate to contact school if you would like more information or need support.

Wear Red Day

We will be supporting 'Show Racism the Red Card' Wear it Red campaign this term as part of Black History Month. Please join us in wearing anything red to show racism the red card on Monday 12th October.



Every heart and every mind that we change changes at least one life but has the capacity to change hundreds, if not thousands of others.

CHANGE HEARTS. CHANGE MINDS. CHANGE LIVES.

Anti-Bullying and Belonging Parent Group

We currently have a small parent/carers Anti-Bullying and Belonging Group that meets each term and this will be something we will discuss there to seek parent/carers views. This group has made some really helpful suggestions for school. It has helped to introduce the What's App Policy and has suggested ideas to support parents with supporting children's mental health and anti-bullying topics.

The next meeting will be on Tuesday 3rd November at 9am, please feel free to come along or contact lnewlove@gordon.greenwich.sch.uk if you would like to make suggestions or if you have any questions.

Anti-Bullying Week 16th - 20th November



Anti-Bullying Week starts on 16th November. This year the theme is **'Break the Silence'**. This is a good opportunity for us all to have conversations about bullying, how to speak up, how to listen to each other and to take action together. No-one is alone, there is always someone to help.

We know sometimes children might know to tell someone but in practice might keep things to themselves if they are being bullied or think someone else is being bullied either face to face or online. We want to help any bullying to stop and for children and families to feel able to talk to school should they be aware of any bullying behaviour.

Over the week we will be inviting parent/carers and family members to sign an anti-bullying pledge over the week and to show their support with **Odd Socks Day** on Monday 16th November by maybe wearing odd socks on the school run or at home. Together we can all make a pledge to upstand and support anti-bullying to help children to feel safer to be themselves and know how to seek help.

Useful links for parent/carers:

[Anti-Bullying Alliance What is bullying?](#)

[Diana Award Parent Guide](#)



If you have a worry or don't feel safe, tell a trusted adult.

Say, "Can I tell you something?"

A few other key dates and helpful links for the Autumn Term:

World Mental Health Day

Saturday 10th October

[Anna Freud Brain Science](#)

[Anna Freud Film We all have Mental Health](#)

[Anna Freud - You're never too young to talk about mental health](#)

[Young Minds A-Z mental Health](#)

[NHS Mental Health Support for Children and Young People](#)

[NSPCC Child Mental Health](#)

[Charlie Waller Mental Health Resources](#)

[Parenting Smart Mental Health](#)

[NSPCC Advice for Families Talking About Difficult Topics](#)

Black History Month

October

Honouring our communities - shine a light on every day people and black British life

[Black History Month BBC](#)

[Talking to Your Child About Racism](#)

[NSPCC Talking to Children about Racism](#)

Show Racism the Red Card

Wear Red Day

16th October

<https://www.theredcard.org/wear-red-day/>

World Kindness Day

Thursday 13th November

<https://schoolofkindness.org/science-of-kindness>

UK Disability History Month

16th November

[Diana Award What to Do if you are Experiencing Disablist Bullying](#)

International Children's Day

20th November

Carers Rights Day

20th November

[Carers Rights Day](#)

[Carers Org](#)

[Imago](#)

[Sibs](#)

[Greenwich Young Carers](#)

International Day for the Elimination of Violence Against Women and Girls

25th November

[Violence Against Women and Girls Day](#)

[CCO Talking to Your Child About Online Sexual Behaviour](#)

[Books for Topic - Fantastic Females](#)

[Book Trust Books about Masculinity](#)

[Book Trust - Positive male role models](#)



coram family lives

Behind every screen is a real person

Think before you type
Words can hurt

Helpline: 0808 800 2222

WhatsApp: 07441 444125

Live chat: www.coramfamilylives.org.uk

We build better family lives together #WeAreCoram

www.coramfamilylives.org.uk @coramfamilylives

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Family Lives is a useful charity for parent/carers that provides free information and help on family issues including bullying.