

Anti-Bullying Newsletter





Anti-Bullying Update

In the Spring Term we:

- Held a Safer Internet Parent workshop and pupil workshops
- Held Mental Health Schools Team (MHST)
 Social Media and Mental Health
 workshops for children in years 4 and 5
- Conducted a Parent/Carer Survey
- Conducted a Pupil Safety Survey
- Conducted an Anti-Bullying Alliance pupil survey for participating pupils
- Submitted an anti-bullying audit to the Anti-Bullying Alliance
- Year 1 6 pupils participated in the Show Racism the Red Card Competition
- Participated in the Diana Award Positive Post Box and exchanged letters with Felsted Prep School
- Mrs Faiers and Ms Newlove held a Tea-Time Talks space for parent/carers
- Raised awareness through related assembly themes such as; Different Families, Neurodivergence, International Women's Day, Cultures-Celebrations-Festivals, Young Carers, Children's Mental Health Week and Kindness.
- We have displayed a new safeguarding visual on our newsletter and in our School Office Reception area
- The Anti-bullying Ambassadors have been working towards the Diana Award RESPECT badge

Parent/Carer Views

We have updated our Anti-Bullying Policy and our Mental Health and Well-being Policy. Feel free to email any feedback or ideas for continued development, however small, to Ms Newlove at the email address above.



The Diana Award Anti-Bullying Definition:

"REPEATED NEGATIVE BEHAVIOUR THAT IS INTENDED TO MAKE OTHERS FEEL UPSET, UNCOMFORTABLE OR UNSAFE."

In the Summer Term we will:

- Begin a whole school Restorative Approach
 pupil small groups, Peer Mediator
 Programme and Staff training
- Hold NSPCC KS1 AND KS2 assemblies
- Hold Years 5 and 6 NSPCC workshops
- Hold Year 6 Red Cross Workshops 'Coping with Challenges'
- Hold Greenwich Talking Therapies workshops for staff 'Challenging Times'
- Participate in NSPCC Online Safety workshop for parent/carers
- The Anti-Bullying Ambassadors will participate in the Diana Award Consent and Boundaries training
- We will contact parent/carers who have shown interest on the last survey to take part in the Anti-Bullying Work in school and hold a coffee morning
- Conduct a Parent/carer Survey
- Continue working towards the ABQM-UK silver quality mark criteria
- Complete the follow up Anti-Bullying Alliance Pupil Well-being survey with participating pupils
- Submit supporting evidence to the Anti-Bullying Alliance
- Raise Awareness of LGBT History and Pride

Thank You

Thank you to parent/Carers for filling in the Anti-Bullying Survey in the Spring Term, your responses are so valuable and much appreciated to help us to keep building on our Anti-Bullying Practice.

One response suggested "the Anti-Bullying Ambassador title could be more positive" – this is something we will look to reframe in discussion with the Ambassadors this term.

Thank you also to all the parent/carers who have given their contact details showing interest to participate in future Anti-Bullying Steering Group discussions, we are very grateful and will be in touch this term.

Please do still get in touch if this something you might like to be involved in but missed the survey.

Assemblies

In the Spring Term kindness, inclusion and equality threaded throughout many of Mr Taylor's assemblies.

Reflecting on The Family Book celebrating love and how special and unique different families are in February celebrating LGBT Month. He talked about International Women's Day in March and many of the teachers shared the inspirational women they admired in their family, in the world and over history. International Women's Day encouraging everyone, whoever they are to follow their dreams.

Themes linked to Children's Mental Health Week in February and Neurodiversity Week in March and children learnt a little bit about the brain and how it works. Mr Taylor talked about us all seeing things differently and how we have a 'perspective'. We celebrated Neurodiversity and Mr Taylor talked about Satoshi Tajiri: a video game developer with Autism who is well known for his creation of Pokemon.



Show Racism the Red Card



Children from years 1-6 participated in the Show Racism the Red Card Competition.

Here are just a few examples from some of the beautiful and powerful work we submitted.

I Am Black

I am black and beautiful.

I am black with luscious dark curls that protect my head from the rain on a stormy night.

I am black from a line of others that looked just like me.

I am black and confident.

I am black sitting on this earth happy to be me.

I am black.

Lateef

Show Racism the Red Card

Racism is not tolerant

And unfair,

Can you help and stop it because

It should never happen,

Saying racist words can affect feelings,

Make sure you treat everyone the same because we are all human.

Martin



The Diana Award Definition of Racist Bullying:

Racist bullying behaviour is when someone is repeatedly, verbally, physically or indirectly targeted by another person based on their skin colour, their actual or assumed culture, ethnicity, nationality or race.

BE KIND WE DO WHAT IS RIGHT

Being racist isn't good,

Even if you're forced, what makes you think you should?

Keep making sure no-one's sad,

It won't be exactly nice if you're bad.

No-one wants to be picked on.

Do make sure the reason everyone loves you is because you shone!

Wanting to be an Upstander is what's right,

Every bad situation you should stop with all your might.

Do what you should and show the red card!

Ominousness always goes away in the end.

We happen to be able to stand up to those who bully,

Help the ones who have people being racist towards them.

And not only does it make them happy; it makes you happy too!

To everyone you'll be amazing even if it's a small thing you do.

In our hearts you will be an amazing hero,

Someone will think you're nothing - don't worry they're the zero.

Right should always stay the same,

It should be from wherever it came.

Get the bullying behaviour away,

Here is where it can never stay.

Think of what you do when you show racism the red card.

Show Racism the Red Card





Anti-Bullying Ambassadors

Ambassadors Gracie, Isla and Henry in year 6 raised awareness of Young Carers.

Young carers are children or young people who spend a lot of time looking after someone, such as a family member helping with tasks that the person might not be able to do because of illness or disability.

Young carers are often unidentified in schools without support. They might find it hard to concentrate on their work, to do homework, have worries or find it hard to spend time with friends. Please let any trusted adult in school know if you are a young carer and would

like support.



Royal Greenwich useful links:

https://www.royalgreenwich.gov.uk/info/200274/care rs/769/young carers

Young Carers: www.youngcarers.net

Please do speak to staff if you think this might apply to you.

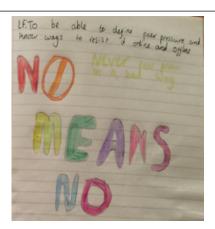


Is it Bullying?

- Is it repetitive?
- Is it hurtful?
- Is it on Purpose?
- Is there a power imbalance?

Always tell someone straight away if you think you might be being bullied so they can help as soon as possible.





In the Summer Term the Ambassadors will be participating in the Diana Award 'Consent and Boundaries' training and learning about healthy and positive relationships. Respecting boundaries shows that we care about other people and ourselves.

The training will build on the learning we do generally in school supporting children to develop the confidence to manage relationships and peer pressure both face to face and online. In school we understand relationships can be challenging and an important part of learning.

What is RESPECT? After their Anti-Racism training with the Diana Award some of the Ambassadors have been visiting classrooms over the Spring Term encouraging children to draw a poster or write a poem about what RESPECT is and what it means to them for display. Thank you to all those children who participated – we love your posters and will display them in school.



Positive Postbox

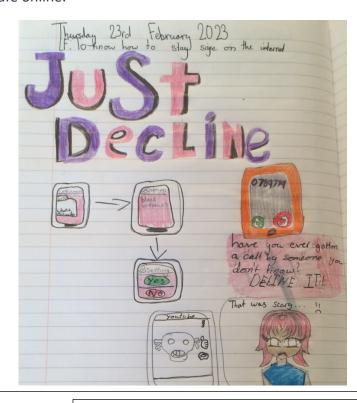


We participated in the Diana Award Positive Post Box over Anti-Bullying Week in the Autumn Term and exchanged letters with Felsted Preparatory School in the Spring Term. This gave pupils the opportunity to write or draw a positive note to another person and to receive a kind and encouraging message in return. We would like to thank Felsted Preparatory School for their lovely letters full of positive affirmations and thoughtful messages.

Safer Internet

During February we signposted Safer Internet Day and held workshops on Social-Media and Well-being for pupils in Year 4 and 5 with Greenwich Mental Health Support Team (MHST). We held Internet Legend assemblies and Parent workshops with Parent Zone.

An example of year 6 PSHE work looking at ways to stay safe online.



GORDON SAFEGUARDING CHILDREN TEAM

If you have concerns regarding a child's wellbeing, care or sofety, including bullying, please contact a member of our Child Protection Team: Mr Taylor, Mrs Cuesta, Mrs Black, Ms Newlove and Ms May Alternatively, you can call Greenwich Council (020 8921 3172) or the NSPCC (0808 800 5000). In the case of an emergency where you feel a child is in immediate danger, please call the police on 999.



Mrs Cuesta - Assistant Head (Inclusion)
huesta@gordon.greenwch.sch.uk



Ms Newlove - Learning Mentor Inewlove@gordon.greenwich.sch.uk



Mr Taylor - Headteacher
adteacher@gordon.greenwich.sch.ul



Mrs Black - Assistant Head (Curriculum) ablack@gordon.greenwich.sch.uk



Ms May - 60! Club Manager cmay@gordon.greenwich.sch.uk

Useful Organisations for Guidance on Bullying and Cyberbullying:

- Anti-Bullying Alliance
 https://anti-bullyingalliance.org.uk/
- Kidscapehttps://www.kidscape.org.uk/
- NSPCC https://www.nspcc.org.uk/
- The Diana Award: <u>www.diana-award.org.uk</u>
- Family Lives
 https://www.familylives.org.uk/
- Childnet International: <u>www.childnet.com</u>
- Think U Know: www.thinkuknow.co.uk
- UK Safer Internet Centre: www.saferinternet.org.uk