Anti-Bullying Newsletter - ISSUE 7 - Spring 2023





Anti-Bullying Update

In the Autumn Term we:

- participated in Anti-Bullying Week and Odd Socks Day.
- updated our Anti-bullying Policy and added new appendices (Please take a look on our website).
- held an Anti-Bullying Steering Group meeting.
- participated in Anti-Racism training for our Anti-bullying Ambassadors with the Diana Award.
- participated in the Diana Award Positive Post Box.
- provided training on safeguarding and extremism and completed Anti-Bullying Alliance training modules.
- celebrated Black History Month in assemblies and across the curriculum.
- celebrated the artwork of Stephen Wiltshire.
- held Governor visits in school.
- held the first 'Tea Time Talks' space for parent/carers.

In the Spring Term we will:

- hold an Anti-Bullying Steering Group Meeting on 31st January at 2pm (Please feel free to come along).
- continue working towards the ABQM-UK silver quality mark criteria.
- use the Anti-Bullying Alliance Pupil Well-Being survey in January.
- hold a Safer Internet Workshop for Parents in February.
- hold Mental Health Schools Team (MHST)
 Social Media and Mental Health workshops
 for children in Years 4 and 5.
- participate in Children's Mental Health Week.
- raise awareness of LGBT History Month in February.

Diana Award Anti-Bullying Definition In our school we use the Diana Award definition of bullying: REPEATED NEGATIVE BEHAVIOUR THAT IS INTENDED TO MAKE OTHERS FEEL UPSET, UNCOMFORTABLE OR UNSAFE. Bullying is repeated, negative behaviour that is intended to make others feel upset, uncomfortab



Parent/Carer Views

We have updated our Anti-Bullying Policy and our Mental Health and Well-being Policy. Feel free to email any feedback or ideas for continued development, however small, to Ms Newlove:

Inewlove@gordon.greenwich.sch.uk

Anti-Bullying Week ~ 2022

We began the week wearing **odd socks** to celebrate our uniqueness and watched the Anti-Bullying Alliance film.

Over the week we thought about the theme 'Reach Out' and encouraged children to talk about how to get help if they are experiencing bullying or know someone else being bullied. Classes did different activities including making anti-bullying pledges, friendship bracelets and awareness raising posters. Anti-bullying Ambassadors Henry, Emily and Ethan took some great photos of children in the playground over the week.

The whole school learnt the song 'Together' (thank you Mrs Hagerty) and watched themselves in a little film in an assembly. It really showed the how strong we are together and the amazing children we have in our school.



Together

Together everyone, with one voice sing along, We're standing by each other, this is where we belong. Together we can be in peace and harmony, We share our hopes and fears forever.

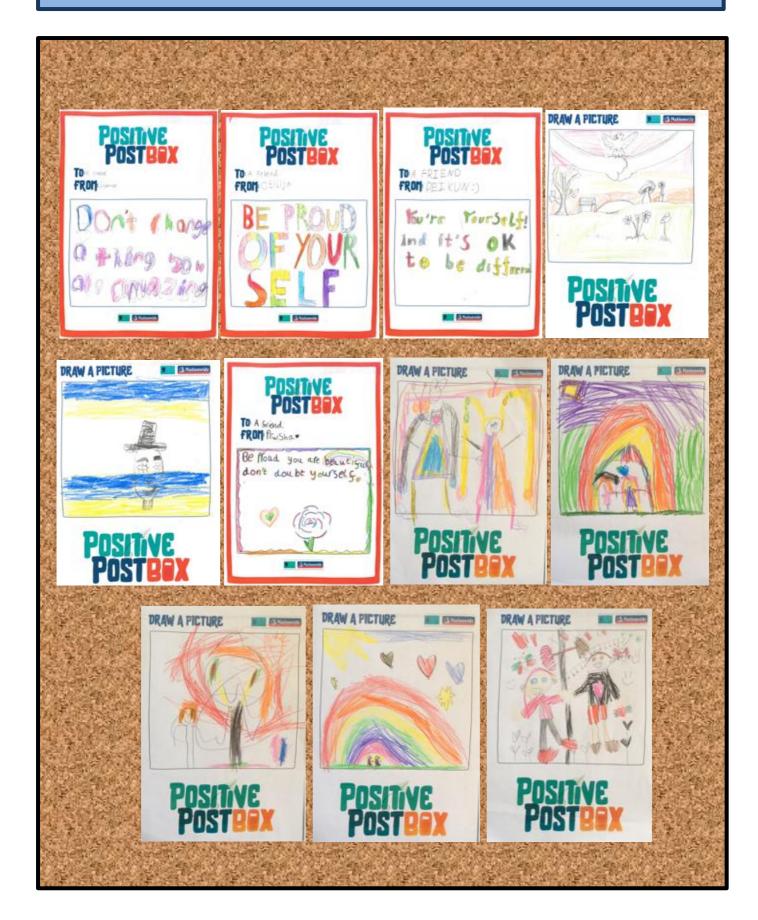
All together we stand shoulder to shoulder.
Stronger and stronger, all together we stand.
All together we stand shoulder to shoulder.
Stronger and stronger, all together we're standing Hand in hand.

If we unite as one, we'll never be alone
We're standing by each other; our friendship will go on
So, let us all join hands in near and far off lands
Sing louder prouder, stronger, forever



Positive Post Box

We are participating in the Diana Award Positive Post Box. This gives pupils the opportunity to write or draw a positive note to another person. Our notes will be collected and passed on to children in another participating school. This is a lovely way to encourage empathy, positivity and to reflect on being kind.



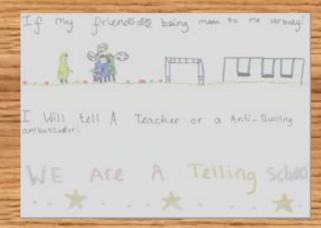
Showcase: Ostrich Class 'Telling School' Posters

















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Anti-Bullying Ambassador Request

Last term we went to an Anti-Bullying Steering Group Meeting. We talked about the different activities at lunchtime and how it would be nice to have another indoor space like Lunch Club for KS2 pupils to go to sometimes. We would really like to set up a space and to run it once a week. If anyone is having a tidy up at home after Christmas and can donate any toys, board games, puzzles, floor cushions, cosy blankets, etc. we would be very grateful! Thank you!

Emily and Ethan in Year 5

Anti-Bullying Ambassadors. Who we are ...

You will find us in the KS2 playground (we wear high viz) and we will be visiting KS1 and KS2 classes on a Friday afternoon. Please talk to us and let us know if we can help you with anything or if you have any ideas to help make our school and even happier and safer place.

- Gracie Henry and Isla in Year 6 Merlin Class
- Audrey, Lateef and Martin in Year 6 Warbler Class
- Emily and Ethan in Year 5 Ostrich Class
- Aylin and Omer-Ali in Year 5 Swallow Class



RESPECT

Through January, the Ambassadors want to run a <u>RESPECT</u> campaign encouraging everyone to think about what <u>RESPECT</u> means?

Share your ideas by drawing a poster or writing a poem and they will collect anything you want to share on a Friday afternoon.

They would like to put up the work or include some in the next Anti-bullying Newsletter so give it a go and share your thoughts!

V. I. P.

Remember VIP for the three types of bullying behaviour:

Verbal bullying

Repeated negative use of words or offensive language to intentionally hurt someone.

Indirect bullying

Repeated negative behaviour to intentionally hurt someone's feelings, e.g. spreading rumours, leaving someone out, cyberbullying.

Physical bullying

Repeated negative behaviour to intentionally hurt someone physically, e.g. hitting, kicking, tripping someone up.



Ambassador Anti-Racism Training with the Diana Award Charity

We worked with the Diana Award and another primary school to learn what racism is and how it affects people. We shared our ideas and thoughts and looked at a case study talking about the England footballers Bukayo Saka, Marcus Rashford and Jadon Sancho being the targets of racist abuse on social media after missing penalties in Euro 2020. We had workbooks to fill in in to help us reflect and start planning some of the ways we think we could prevent, spot and approach racism to make a kind and safe school.



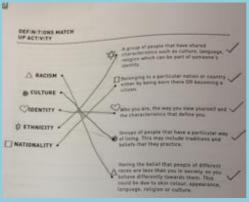


The Diana Award Definition of Racist Bullying:

Racist bullying behaviour is when someone is repeatedly, verbally, physically or indirectly targeted by another person based on their skin colour, their actual or assumed culture, ethnicity, nationality or race.

Workbook reflection examples







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Join us for cup of tea and let's get talking ...

Mrs Faiers and Ms Newlove would like to invite you to join them for a quick cup of tea and a chat before collecting your child from school.

Tuesday 2nd February

2.30pm - 3.00pm

Delta Building in the KS2 Playground afaiers@gordon.greenwich.sch.uk Inewlove@gordon.greenwich.sch.uk

Post Box

Thank you to Ruby in Year 5 for her positive words picture. It's fantastic!



Don't forget to give the Ambassadors any posters or poems you might like to share in the 'Post Box' on a Friday afternoon.

Anti-Bullying Steering Group Meeting

31st January 2pm

Please come along if you would like to join us to share ideas and develop the anti-bullying work we do in school. We meet once a term.

For further information: lnewlove@gordon.greenwich.sch.uk

Safeguarding

If you have any concerns regarding a child's wellbeing, care or safety, including bullying, please contact a member of our Child Protection Team: Mr Taylor, Mrs Cuesta, Mrs Black, Ms Newlove or Ms May.

Alternatively, outside of school hours you can call Greenwich council: 020 8854 8888; the NSPCC: 0808 800 5000 or in an emergency, the police.

We have also introduced a safeguarding email address for parents/carers and pupils providing an added way for concerns or worries to be reported.

safeguarding@gordon.greenwich.sch.uk

