

## Diana Award Anti-Bullying Definition

In our school we use the Diana Award definition of bullying: **REPEATED NEGATIVE BEHAVIOUR THAT IS INTENDED TO MAKE OTHERS FEEL UPSET, UNCOMFORTABLE OR UNSAFE.**

## Anti-Bullying Update

### In the Spring Term we:

- Participated in the Greenwich Safeguarding Children and Young People annual survey
- Participated in the Anti-Bullying Alliance pupil Survey
- Awareness raising in Safer Internet Week
- Held Kooth Mental Health Workshops for Years 5 and 6 pupils
- Delivered NSPCC Speak Out Stay Safe assemblies to KS1 and KS2
- Inhouse staff training on pupil behaviour
- Our PSHE Leader Mrs Faiers delivered staff training on the PSHE curriculum

### In the Summer Term we:

- Signposted Mental Health Awareness Week in May - awareness raising the theme 'loneliness'
- Created a 'safeguarding Team' (including bullying) email address
- Held Transition Workshops with the Mental Health Support Team (MYST) to all Year 6 children in June
- Participated in a Mental Health staff training by The Charlie Waller Foundation
- Sent out a general Parent/carer Questionnaire which included questions on our anti-bullying strategy
- Awarded the Henry Luk Kindness Cup to Esme in Year 5

### In the Autumn Term we will:

- Hold annual, whole staff Child Protection and Safeguarding training (including bullying)
- Update our Child Protection & Safeguarding Policy in light of new guidance in the Keeping Children Safe in Education document.
- Update our current Anti-Bullying and Mental Health Policies
- Participate in Anti-Bullying Week 14<sup>th</sup> - 18<sup>th</sup> October and Odd Socks Day - the theme is 'Reach Out'.
- Hold an Anti-Bullying Steering Group Meeting
- Develop an Anti-Racism Policy
- Promote Black History Month
- Support 'Show Racism the Red Card' Day
- Request further Anti-Bullying Ambassador training with the Diana Award to expand our current team of pupil ambassadors
- Signpost Mental Health Awareness Day
- Continue working towards the ABQM-UK silver quality mark criteria



### Parent/Carer Views

We are reviewing our **Anti-Bullying, Anti-Racism and Mental Health & Well-being Policies**. Feel free to email any suggestions or ideas, however small, to Ms Newlove.

## Mental Health Awareness Week

### Loneliness

Our Anti-Bullying Ambassadors, alongside other pupils, made an assembly film to raise awareness of Mental Health and the theme 'loneliness' - promoting the importance of looking after mental health as well as physical health.

In the film, pupils shared their thoughts on what loneliness feels like and the things they do to cope when they feel lonely. They thought about the difference from being alone to feeling lonely and that sometimes we can enjoy being alone or having 'solitude'.

We can all feel lonely sometimes, it might be because something has happened, for example - falling out with a friend or moving school. Other times, even with friends around us, we might have the feeling of loneliness inside and find it hard to 'connect'.

Pupils talked about it helping to tell someone and Anti-Bullying Ambassadors reminded everyone of all the different people who are there to help.

### Anti-Bullying Post Pox

Thank you to Edith for posting a wonderful acrostic anti-bullying poem.

**K**indness is all you need

**I**t can change the world

**N**o one should be bullied

**D**ream and don't give up

**N**o one can tell how someone feels by looking at them

**E**veryone is equal

**S**ometimes people are different to other people

**S**aying sorry or standing up for others can stop bullying.

## Roles in Bullying

Not all conflict or relationship difficulties can be understood as bullying.

'Relational Conflict' is one way to describe non-bullying situations eg friends falling out and having disagreements. Relational conflicts might not be bullying but still might need help to be resolved as we know these situations can be upsetting.

Bullying is the **repeated**, **negative** and **intended** behaviour to make someone feel **upset**, **uncomfortable** or **unsafe**.

It can be **V**erbal, **I**ndirect or **P**hysical bullying.

There is an imbalance of power, and it can happen face to face or online. As soon as someone says 'no' to something and that is ignored that is an imbalance of power.

It is important to think about the different roles played in bullying because bullying is very often a group behaviour.

The **Ringleader** (perpetrator) with bullying behaviour can often be supported by **Reinforcers** – the people who might laugh along, cheer etc which in turn encourages the bullying.

**Assistants** help the Ringleader by joining in eg holding the target/block their way etc and are often the ones doing direct bullying.

A **Bystander** is someone who sees the bullying but doesn't intervene or get help even if someone needs it. Bystanders might not intervene because they feel worried or it is unsafe to do so at the time.

A **Defender** (Upstander) will help or get help if they see bullying behaviour. They might offer support privately or in the moment and act to get help.

**Defending or upstanding can stop bullying behaviour**

My child is being bullied.  
What can I do?

<https://parentingsmart.place2be.org.uk/article/my-child-is-being-bullied-what-can-i-do>

## LGBT History Month

In February Mr Taylor held assemblies to mark **LGBT History Month**. He read "Worm love Worm" for Year 1 to Year 4 which is a story about two worms who decide to marry but because it's the first time worms have married they have to make lots of changes to the ceremony. Neither one is the bride or groom so they each decide to be both.

It about challenging the traditions that are in place and encourages an open-minded approach to marriage. It finishes with the comment that they marry because they love each other and that's all that matters.



He followed this up with "King and King" – which is a story about a Queen who wants the prince to find a princess to marry. She invites all the eligible princesses, but the Prince falls in love with the brother of one of the princesses. They marry and become King and King. All Year groups heard this.



Mr Taylor also talked to Years 5 and 6 about Alan Turing, including his contributions during World War 2 and to the world of computing, as well how he was treated after he was arrested for being gay.

If you have concerns regarding a child's wellbeing, care or safety, including bullying, please contact our Child Protection Team: Mr Taylor, Mrs Cuesta, Mrs Black, Ms Newlove or Ms May (GO! Club).

Outside of school hours you can call Greenwich council: 020 8854 8888; the NSPCC: 0808 800 5000 or in an emergency, the police.

We have also introduced a safeguarding email address for parents/carers and pupils providing an added way for concerns or worries to be reported.

[safeguarding@gordon.greenwich.sch.uk](mailto:safeguarding@gordon.greenwich.sch.uk)

## Social Media

Here's a great poster to remind us how to use social media. Sometimes because it is not 'face to face' we might post things that are hurtful or unsafe and or we might regret the post later on.

**If you are aware of any bullying behaviour on social media please always remember to screenshot the evidence and inform school.**

QUESTIONS TO ASK YOURSELF  
BEFORE COMMENTING ON

### SOCIAL MEDIA:



## SHOWCASE

Year 5 analysed some street art by Banksy and altered it reflecting some of our school values such as:

**RESPECT EMPATHY KINDNESS COOPERATION**



# SHOWCASE

In the Summer Term, Year 5 shared their thoughtful poster ideas around the themes of DIVERSITY and UNITY in PHSE lessons.





## SHOWCASE



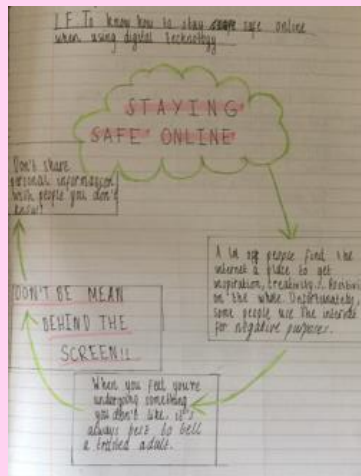
Sokari Douglas Camp is a Nigerian sculptor who has gained huge recognition in recent years. Her sculptures are all influenced by her Nigerian background and often include a political message.

Inspired by her work, Andromeda Class thought about the attributes they would like to see from someone in their class.

The children's messages use powerful words for our school community promoting school values and anti-bullying.



Last term Year 6 learned about wellbeing, both online and offline, including social media, and how to stay safe when using digital technology.



## The Henry Luk Kindness Award

Henry was a pupil at our school who sadly passed away earlier this year. In honour of his memory his parents funded the Henry Luk Kindness Award - a cup that is presented each half term to a child who has demonstrated the values of kindness, empathy and inclusion that were so important to Henry.

We would like to say an enormous well done to Esme who is our first recipient of the cup. Esme



is always kind and considerate; thinking of others before herself. She helps others when they find their work tricky and includes them in games if they are feeling lonely in the playground.

## Goodbye and Thank You to our Year 6 Anti-Bullying Ambassadors

We would like to say a huge "thank you" to our 2021/2022 Year 6 Anti-Bullying Ambassadors for their dedication and commitment towards anti-bullying at Gordon School. We wish you all the very best in your new schools.

