



Logo by Adrian

# Anti-Bullying Newsletter

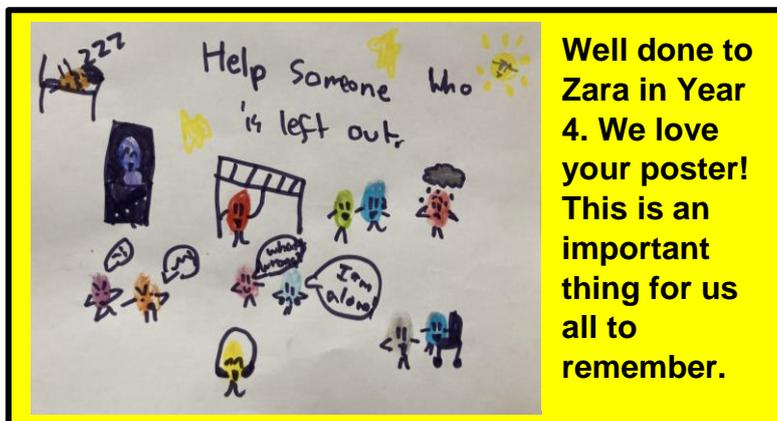
## Spring 2022



### The Diana Award

Anti-Bullying Definition:

**“REPEATED NEGATIVE BEHAVIOUR THAT IS INTENDED TO MAKE OTHERS FEEL UPSET, UNCOMFORTABLE OR UNSAFE.”**



**Well done to Zara in Year 4. We love your poster! This is an important thing for us all to remember.**

### Anti-Bullying Quality Mark

*Last year we were awarded the Anti-Bullying Bronze award. We received the following feedback: Pupils are actively involved in the development of anti-bullying in the school. As a result, the school has established a range of approaches to make sure that students feel safe and included.*

*This year we are working towards the ABQM-UK Silver criteria and we are very keen to involve parents and carers with this, so please contact Ms Newlove [lnewlove@gordon.greenwich.sch.uk](mailto:lnewlove@gordon.greenwich.sch.uk) if you have any ideas or suggestions or if you would like to join the Anti-Bullying Steering Group. This group meets once a term.*

### Anti-Bullying Update

#### In the Autumn Term we:

- Participated in Anti-bullying Week with awareness raising activities and the Diana Award assembly.
- Anti-bullying Ambassadors made a film for assembly about friendship.
- The whole school sang and recorded an anti-bullying song written by Year 6 pupils and our Anti-bullying Governor Jackie Prouse.

#### In the Spring Term we will:

- Participate in the Anti-Bullying Alliance 'United' Programme audit and anti-bullying pupil questionnaires
- Deliver NSPCC Speak Out Stay Safe assemblies to KS1 AND KS2 in January
- Hold Year 5/6 presentations from Kooth signposting the online mental health and well-being Service youth service for 10 years +
- Advertise for parents to join the Anti-Bullying Steering Group and hold a termly meeting to update our current Anti-Bullying Policy and work towards the ABQM-Uk Silver Award
- Signpost Safer Internet Day including cyberbullying on Tuesday 8<sup>th</sup> February.
- Signpost Children's Mental Health Week 7<sup>th</sup> - 13<sup>th</sup> March
- Signpost LGBT Month in February
- Signpost International Women's Day on 7<sup>th</sup> March
- Signpost Young Carers Action Day 16<sup>th</sup> March

### Odd Socks Day



**Children supported Odd Socks Day at the start of Anti-Bullying Week in November. It was a great way to celebrate what makes us all unique spreading awareness of the core values of Anti-bullying.**



## Anti – Bullying Ambassadors

THIS SCHOOL

HAS ANTI-BULLYING

AMBASSADORS

Anti-Bullying Ambassadors are here to:

- Support you if you are experiencing bullying behaviour
- Create awareness about the impact of bullying behaviour
- Promote equality and celebrate diversity
- Help you stay safe on-line

The ambassadors have been supporting children in the playground this term, taking turns on a rota. They are wearing high-viz jackets so they can be easily spotted.



**THANK  
YOU!**

The Ambassadors would like to say a very big thank you to Mr Camilleri for making a notice board for them in the KS2 playground.



We would love you to share your Anti-Bullying ideas. These can be emailed to Ms Newlove, given to the Anti-Bullying Ambassadors or put in the Post Box in the Middle Hall.

[inewlove@gordon.greenwich.sch.uk](mailto:inewlove@gordon.greenwich.sch.uk)



Thank you to Isla in Year 1 for her thoughtful suggestions for the older children playing football on the Green. She suggested 'If someone was bullying you when playing football, move out of the Green and tell a teacher'. She wondered if there could be a red card system.

## Internet Safety

The NSPCC have created a webinar to help educate parents and carers about online gaming and how to have healthy relationships online. From setting up parental controls to an introduction to gaming slang, this webinar will give you an insight into how young people use gaming apps. There are also resources that you can use to help keep them safe.

<https://www.youtube.com/watch?v=YO6Ux7qfYXk>



## Anti-Bullying Steering Group

We are looking for parents/carers to join our current Anti-Bullying Steering Group.

The group meets once a term bringing together parent/carers, staff, governors and pupils to share ideas to steer the Anti-Bullying work in school.

A diverse and inclusive parent/carer voice is hugely important to us so please get in touch if this is something you might like to be involved in.

We are keen to develop a variety of ways to involve parent/carers so please let us know if you have any suggestions for development.

Please contact Ms Newlove for further information.

[lnewlove@gordon.greenwich.sch.uk](mailto:lnewlove@gordon.greenwich.sch.uk)

**Get involved and make a difference!**

## Safeguarding

If you have concerns regarding a child's well-being, care or safety, including bullying, please contact a member of our Child Protection Team:

- Mr Taylor
- Mrs Cuesta
- Mrs Black
- Ms Newlove
- Ms May (GO! Club)

Alternatively, call the NSPCC on 0808 800 5000.

## Safer Internet Week

Classes across the school have been learning about different ways to be safe online. Children in Mars Class (Year 6) discussed 'what to do if they are worried about something online' and looked at the different ways people might try to seek to persuade them. Children in Zodiac Class (Year 2) have been learning about 'what is safe and unsafe to share online'.



# NSPCC

Speak out. Stay safe.



During January we delivered the NSPCC 'Speak Out Stay Safe' assembly to KS1 and KS2 children.

Parents/carers might find it useful to visit the NSPCC website for information about keeping children safe.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/>

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/activities-safety-kids/>

They have some great information and resources for staying safe online too.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

# Sorry Boxes

Anti-bullying Ambassadors and their friends in Year 5 have made 'Sorry Boxes' to give classmates another way to apologise or repair situations if they find it difficult to say sorry.



# Zones of Regulation



Over the last year we have continued to help children across the school to learn about and use the Zones of Regulation as part of our Behaviour Policy. It helps children to learn how to regulate their emotions and supports their social and emotional communication.

It teaches children to consider perspective taking and how our behaviour affects the thoughts and feelings of others around us. This compliments the anti-bullying work we do and is part of our PSHE curriculum.



# kooth

Kooth is a free online mental health and wellbeing service available to support to young people in Greenwich aged 10-25.

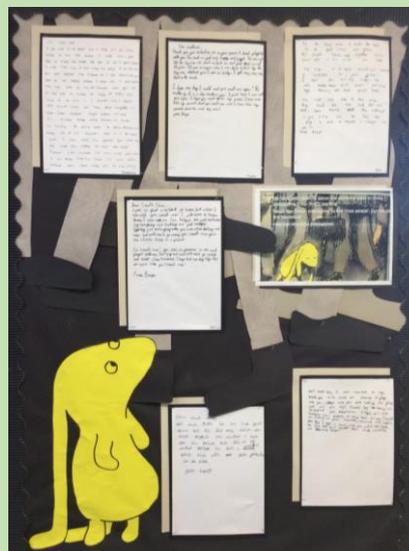
It offers access to fully qualified online counsellors until 10pm every day of the year. It also has a range of other support including: an online interactive magazine, discussion boards, self-help tools and wellbeing activities.

Kooth presented assemblies to Children in years 5 and 6 to raise awareness of the service and how to access it during Children's Mental Health Week.

<https://www.kooth.com/>

## Compassion & Friendship

Andromeda Class have been learning about 'Compassion' through the book 'Beegu'.



Celebrating uniqueness and belonging in Asteroid Class